



South Central Swim League Spring / Summer 2025 Invitational

Your team is invited to participate this Spring/Summer in the swim meet series hosted by the South Central Swim League. Our primary objective is to provide a swimming competition venue where both novice and advanced swimmers can compete at a USA Swimming sanctioned/approved meet at an affordable rate. Entries for the first swim meet need to be submitted by **February 19, 2025**.

All swim meets are scheduled on the following dates:

Swim Meet	Schedule	Date	Warm Up	Start	Pool
Meet 1	A	3/1/2025	6:50 AM	8:00 AM	Patricia G. Mitchell Swim Stadium
Meet 2	B	3/22/2025	6:50 AM	8:00 AM	
Meet 3	A	4/19/2025	6:50 AM	8:00 AM	
Meet 4	B	5/17/2025	6:50 AM	8:00 AM	
Championship	A/B	6/21-22/2025	6:50 AM	8:00 AM	

Events: All meets are short course yards and will be swum in a 25-yard pool. Events will alternate between schedule "A" and "B" for each of the scheduled meets.

League Rules: Unless stated otherwise, SCSL swim meets will be sanctioned and approved by Southern California Swimming and USA Swimming.

1. All participants must have a current USA Swimming registration and paid SCSL membership dues.
2. Age groups for individual events are: 5-6, 7-8, 9-10, 11-12, 13-14, and 15-18. Age groups for relay events are: 5-10, 11-12, 13-14, and 15-18.
3. Swimmers may compete in a maximum of 3 individual events plus 1 relay (time permitting) for every swim meet.
4. Ribbons will be awarded up to 6th place for individual and relay events for regular meets. Medals will be awarded in the championship meet. Team awards and individual high point awards will also be given at the championship meet.
5. Teams are required to provide volunteers to cover jobs during the swim meet, which include but are not limited to setup, teardown, check-in, timing, sheet running, head timing, staging, awards and marshals.
6. All attending clubs will be responsible for timing in their assigned lanes for the entire meet.
7. Teams will be assigned to either Division 1 for larger teams (40+) or Division 2 for smaller teams (under 40) for the Team Award.

Entries: Meet entries are due by 5:00 PM on the Wednesday 10 days before the scheduled swim meet or as specified in the meet form.

Fees: Membership is a flat rate of **\$65 per swimmer**. Teams entering swimmers are responsible for collecting dues from all their swimmers entered into the meet, i.e., **swimmers entered, fees owed**. Payment is due no later than the day of the scheduled meet. The league administrator must be notified of any corrections to athlete rosters prior to the swimmer's first scheduled meet. Membership dues are non-refundable but are transferable if a swimmer moves to another team within the league.

League contact information:

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SCHEDULED EVENTS IN SHORT COURSE YARDS:

Meet Schedule A				
Warm Up - 7:00 AM		Meet Start at 8:30 AM		
Girls	Event	Age	Min Time	Boys
1	100 Freestyle	5 - 8		2
3	200 Freestyle	9 - 18	3:15.00	4
5	25 Backstroke	5-8		6
7	100 Backstroke	9 - 18		8
9	50 Breaststroke	5 - 8		10
11	50 Breaststroke	9 - 18		12
13	200 Breaststroke	11 - 18	3:15.00	14
15	25 Butterfly	5 - 8		16
17	100 Butterfly	9 - 18		18
19	50 Freestyle	5 - 8		20
21	50 Freestyle	9 - 18		22
23	100 Medley Relay	5 - 8		24
25	200 Medley Relay	9 - 18		26
27	1000 Freestyle	11 - 18	15:30.00	28

Meet Schedule B				
Warm Up - 7:00 PM		Meet Start at 8:30 AM		
Girls	Event	Age	Min Time	Boys
29	100 IM	5 - 8		30
31	100 IM	9 - 18		32
33	200 IM	11 - 18	3:15.00	34
35	50 Backstroke	5 - 8		36
37	50 Backstroke	9 - 18		38
39	200 Backstroke	11 - 18	3:15.00	40
41	25 Breaststroke	5 - 8		42
43	100 Breaststroke	9 - 18		44
45	50 Butterfly	5 - 8		46
47	50 Butterfly	9 - 18		48
49	200 Butterfly	11 - 18	3:15.00	50
51	25 Freestyle	5 - 8		52
53	100 Freestyle	9 - 18		54
55	100 Freestyle Relay	5 - 8		56
57	200 Freestyle Relay	9 - 18		58
59	500 Freestyle	5 - 18	7:30.00	60