



## South Central Swim League Summer / Spring 2024 Invitational

Your team is invited to participate this Spring/Summer in the swim meet series hosted by the South Central Swim League (SCSL). Our primary objective is to provide a swimming competition venue where both novice and advanced swimmers compete at a USA Swimming sanctioned/approved meet at an affordable rate. The price for membership is a flat fee of **\$65 per swimmer** and covers the entry to all swim meets listed below (max of 3 events per day). Entries for the first meet need to be submitted by **February 28, 2024**.

All meets are tentatively scheduled on the following dates:

Swim Meet	Schedule	Date	Warm Up	Start	Pool
Meet 1	A	3/9/2024	7:00 AM	8:30 AM	Patricia G. Mitchell Swim Stadium
Meet 2	B	3/30/2024	7:00 AM	8:30 AM	
Meet 3	A	4/27/2024	7:00 AM	8:30 AM	
Meet 4	B	5/25/2024	7:00 AM	8:30 AM	
Championship	A/B	6/29-30/2024	7:00 AM	8:30 AM	

### Events:

All meets are SCY and will be swum in a 25y pool. Events will be alternating between schedule "A" & "B" for each of the scheduled meets.

### League Rules

Unless stated otherwise, SCSL swim meets will be sanctioned and approved by Southern California Swimming and USA Swimming.

1. All athletes must be paid SCSL seasonal dues and have a current USA Swimming membership.
2. Age groups for individual events are: 5-6, 7-8, 9-10, 11-12, 13-14 and 15-18. Age groups for relay events are: 5-10, 11-12, 13-14 and 15-18
3. Meet entries are due by 5:00pm 10 days before the scheduled swim meet or as specified in the meet form.
4. Swimmers may compete in a maximum of 3 individual events plus 1 relay (time permitting) at regular meets. At the two-day championship meet swimmers may swim a maximum of 6 events, no more than 3 events in one day plus 2 relays.
5. Ribbons will be awarded up to 6<sup>th</sup> place for individual events and up to 3<sup>rd</sup> place for relays for regular meets. Medals will be awarded in the championship meet. Team awards and high point awards will also be given at the championship meet.
6. Entry fees are non-refundable, and memberships are not transferable.
7. Teams are required to provide volunteers to cover jobs during the meet which include but not limited to setup, timing, sheet running, head timing and marshals.
8. All attending clubs will be responsible for timing in their assigned lanes for the entire meet.
9. For teams will be assigned to either Division 1 for larger teams (40+) or Division 2 for smaller teams (under 40) division for Team Award.

### League contact information:

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**SCHEDULED EVENTS IN SHORT COURSE YARDS:**

Meet Schedule A				
Warm Up - 7:00 AM		Meet Start at 8:30 AM		
Girls	Event	Age	Min Time	Boys
1	100 Freestyle	5 - 8		2
3	200 Freestyle	9 - 18	3:15.00	4
5	25 Backstroke	5-8		6
7	100 Backstroke	9 - 18		8
9	50 Breaststroke	5 - 8		10
11	50 Breaststroke	9 - 18		12
13	200 Breaststroke	11 - 18	3:15.00	14
15	25 Butterfly	5 - 8		16
17	100 Butterfly	9 - 18		18
19	50 Freestyle	5 - 8		20
21	50 Freestyle	9 - 18		22
23	100 Medley Relay	5 - 8		24
25	200 Medley Relay	9 - 18		26
27	1000 Freestyle	11 - 18	15:30.00	28

Meet Schedule B				
Warm Up - 7:00 PM		Meet Start at 8:30 AM		
Girls	Event	Age	Min Time	Boys
29	100 IM	5 - 8		30
31	100 IM	9 - 18		32
33	200 IM	11 - 18	3:15.00	34
35	50 Backstroke	5 - 8		36
37	50 Backstroke	9 - 18		38
39	200 Backstroke	11 - 18	3:15.00	40
41	25 Breaststroke	5 - 8		42
43	100 Breaststroke	9 - 18		44
45	50 Butterfly	5 - 8		46
47	50 Butterfly	9 - 18		48
49	200 Butterfly	11 - 18	3:15.00	50
51	25 Freestyle	5 - 8		52
53	100 Freestyle	9 - 18		54
55	100 Freestyle Relay	5 - 8		56
57	200 Freestyle Relay	9 - 18		58
59	500 Freestyle	5 - 18	7:30.00	60