

2024 SCSL Spring Meet #1

Short Course Swim Meet

March 9, 2024



Entry Due Date: February 28, 2024

Warm-up 7:00 AM – Meet Start Time 8:30 AM

DISABILITY: Coaches entering swimmers with disabilities that require any reasonable accommodations or modifications, including the need for personal assistants, and/or registered service animals, must provide advance notice in writing (email), accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

ACKNOWLEDGEMENT: It is understood and agreed that USA Swimming and SCS shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to Covid-19 and forever release and hold harmless USA Swimming and LSC-CA and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection with exposure, infection, and/or spread of Covid-19 related to participation in this competition.

CONCUSSION INFORMED CONSENT ACKNOWLEDGEMENT: Any swimmer under the age of 18 entered in the meet must have a current (within the year), athlete and parent signed Concussion Informed Consent Acknowledgement. If affiliated with a member club, it must be on file with the club. If unaffiliated with a member club, it is the responsibility of the swimmer or the swimmer's parent or legal guardian to ensure compliance with this requirement.

MAAPP STATEMENT: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0), will govern this meet.

COVID 19 ACKNOWLEDGMENT: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP 2.0), will We have taken enhanced health and safety measures for all swim meet attendees. You must follow all posted instructions at this venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the venue for this swim meet, you voluntarily assume all risks related to exposure to COVID-19.

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USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Meet Schedule A				
Girls	Event	Age	Min Time	Boys
1	100 Freestyle	5-8		2
3	200 Freestyle	9 & Over	3:15.00	4
5	25 Backstroke	5-8		6
7	100 Backstroke	9 & Over		8
9	50 Breaststroke	5-8		10
11	50 Breaststroke	9 & Over		12
13	200 Breaststroke	11 & Over	3:15.00	14
15	25 Butterfly	5-8		16
17	100 Butterfly	9 & Over		18
19	50 Freestyle	5-8		20
21	50 Freestyle	9 & Over		22
23	100 Medley Relay	5-8		24
25	200 Medley Relay	9 & Over		26
27	1000 Freestyle	11 & Over	15:30.00	28